

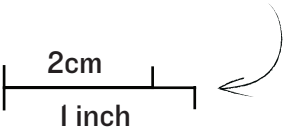
7	25.5
6	24.9
5.5	24.2
4.5	23.5
4	22.8
3	22
2	21.3
1	20.7
13	20.1
12	19.4
11.5	18.7
11	18.1
10	17.4
9.5	16.7
9	16
8	15.4
7	14.7
6	14.1
5.5	13.4
5	12.7
4	12.1
3	11.4



MEASURE YOUR BAREFOOT

TODDLER, PRESCHOOL  
KIDS AND JUNIOR  
US SIZING

CHECK YOUR  
LETTER PRINT SIZE



PLACE TOES

PLACE HEEL

SIZING

1. Print the guide to 100% and check the 2cm or 1 inch measuring line with a ruler to make sure it is printed to scale
2. Place your heel on the mark and check your heel alignment with a ruler
3. Mark the position of your longest toe on the chart, it might be your big toe or second toe
4. Repeat steps 2 and 3 with your other foot
5. Allow 6-14mm additional toe space from the end of your longest toe for grow room and optimal natural foot movement.  
\*Remember: feet grow by up to 11mm per year between ages 6 to 15



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