

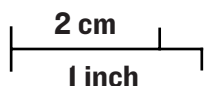
MEN'S UK SIZING

6 7 8 9 10 11 11.5 12 13 14

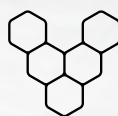
49 48 47 46 45 44 43 42 41 40

MEN'S EU SIZING

CHECK YOUR A4 PRINT SIZE



PLACE TOES



VIVOBAREFOOT

# MEASURE YOUR BAREFOOT MEN

## SIZING

1. Print the guide to 100% and check the 2cm or 1 inch measuring line with a ruler to make sure it is printed to scale.
2. Place your heel on the mark and check your heel alignment with a ruler.
3. Mark the position of your longest toe on the chart it might be your big toe or second toe.
4. Repeat steps 2 and 3 with your other foot.
5. In between sizes? We generally recommend the bigger size for a better barefoot experience, but it depends. Follow the QR code below to ensure you choose wisely.



BECOME A WISER SIZER

PLACE HEEL